

# Home Safety Checklist

Use this checklist to help make your home safer. By correcting items marked checked "No" you can improve your home safety and help prevent accidents.

- ☐ Yes ☐ No Are there sturdy handrails or banisters by all steps and stairs?
- ☐ Yes ☐ No Is there adequate lighting in all stairs and hallways?
- ☐ Yes ☐ No Is there a light switch at both the top and bottom of stairs?
- ☐ Yes ☐ No Are stairways and hallways clear of clutter and loose objects?
- ☐ Yes ☐ No Is there a light switch by the doorway of each room? Is there a flashlight, light switch or lamp beside the bed?
- ☐ Yes ☐ No Are all electric cords placed close to walls, out of pathways?
- ☐ Yes ☐ No Are rugs secured around all edges?
- ☐ Yes ☐ No Are rugs smooth and flat with no folds or wrinkles?
- ☐ Yes ☐ No Is there a list of emergency phone numbers by the phone? Fire, Police, Emergency, Ambulance?
- ☐ Yes ☐ No Are all medicines marked clearly? Name of medicine, date purchased, how taken, when taken?
- ☐ Yes ☐ No Is there a non-skid surface on the floor of the bathtub or shower? Non-skid strips or rubber mat?
- ☐ Yes ☐ No Are there adequate hand holds for getting in and out of shower or bathtub?

## Practical Suggestions

- Organize space for orientation, information and safety.
- Present environmental through redundant cueing, landmarks and color coding
- Clarify boundaries with color and/or textural differences.
- Provide more intensive illumination for specific activities without increased glare.